



TURN HOPE INTO BETTER HEALTH

**BECOME AN AMBASSADOR
BY MAKING A BEQUEST**

Join us as an Austin Ambassador

Dear Friend

Making a Will is a very private and personal matter. Of course, first and foremost you will want to see that you adequately provide for your loved ones. Having done that, you may then wish to consider a gift in your Will to Austin Health or the Olivia Newton-John Cancer and Wellness Centre. What a lasting legacy that would be.

Austin Health touches so many lives in Victoria. You may have needed the Austin yourself or know of the wonderful work that is done here through a family member or friend. Austin Health is renowned for the high level of care it provides and recognised for excelling in many specialty areas.

I am delighted to be involved with Austin Health and I'm sure that you will feel just as pleased and proud to be a Bequest Ambassador.

I look forward to the pleasure of meeting you at one of the very special Bequest Ambassador events where you can mingle with other community-minded individuals.

Denis Walter
Media Personality
Austin Bequest Patron



CEO Message

No act of kindness, however small, is ever wasted.

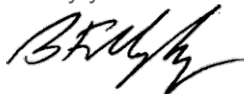
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Dear Friend

As you put together arrangements for a time when you are no longer here I would like to thank you for considering remembering us in your Will.

Many may regard this as a sensitive matter to discuss, however we understand the importance of being appropriately prepared. The information contained in this brochure may help you with your decision.

By remembering Austin Health in your Will you have the opportunity to give the ultimate gift of a lifetime. Your generosity can directly help transform the lives of patients for many years to come.



Warm regards
Dr Brendan Murphy
Chief Executive Officer
Austin Health



About Austin Health

Austin Health is one of the largest providers of medical care, research and education in Victoria. A world-renowned leader in health care and medical research in many fields, Austin Health provides health care services to more than 150,000 people a year.

Austin Health incorporates:

- Austin Hospital
- Heidelberg Repatriation Hospital
- Royal Talbot Rehabilitation Centre
- Olivia Newton-John Cancer and Wellness Centre

Austin Hospital

From its humble beginnings in 1882 as the “Austin Hospital for Incurables”, the Austin Hospital has a long history of providing quality patient care. The hospital offers a range of state-wide specialist services in Victoria including:

- Victorian Spinal Cord Services
- Victorian Respiratory Support Services
- Victorian Liver Transplant Unit
- Child & Adolescent Mental Health Service

Many of the clinical areas that the Austin is renowned for today have their roots in the hospital's early history. For example, respiratory medicine at the Austin had its origins in tuberculosis or as it

was known then “consumption”. Neurosciences care can be traced back to early stroke victims suffering paralysis.

Heidelberg Repatriation Hospital

Heidelberg Repatriation Hospital has a proud history of caring for veterans and war widows. Originally built in 1941, the hospital became part of Austin Health in 1995.

Today the Heidelberg Repatriation Hospital continues to treat veterans and war widows and also provides services to the wider community including day surgery, palliative care, mental health services, aged care and outpatient services.

Royal Talbot Rehabilitation Centre

Royal Talbot Rehabilitation Centre is a specialist provider of intensive rehabilitation programs, providing a comprehensive and co-ordinated range of medical, nursing, therapy and support services to people with a wide range of disabilities.

Areas of specialty include:

- acquired brain injury rehabilitation
- amputee rehabilitation
- neurological rehabilitation
- spinal cord injury rehabilitation
- orthopaedic rehabilitation
- orthotic and prosthetic services.



Harry Ronald Orchard Legacy

A modest war veteran, Harry Orchard (pictured top) left a very generous bequest of over \$440,000 to the Olivia Newton-John Cancer and Wellness Centre.

Born in Castlemaine, Harry and his family moved to Brunswick in 1923. Harry worked in a grocery store and as a messenger for a local pharmacy before being drafted into the army. When the war ended, Harry came home and married Jean and they moved to Eltham. Harry worked his way up from a records clerk to a public relations role at Golden Fleece Petroleum. Throughout his life, Harry volunteered with over 40 community

organisations. When Jean became ill with cancer it wasn't long before Harry became a volunteer at the Heidelberg Repatriation Hospital – where Jean was a patient. For almost ten years, Harry was a valued member of the volunteer team, beginning the tradition of cutting rosemary sprigs to attach to poppies for Anzac Day commemorations held at the hospital.

When Jean died a year short of their 60th wedding anniversary, Harry decided to leave a bequest to the Olivia Newton-John Cancer and Wellness Centre as his way of helping future cancer patients and their families.





Jack Wallace Powell Legacy

When Jack Wallace Powell left a bequest gift of \$10,000 to the hospital, his only wish was that it be used to make a real difference to patients and staff.

Having survived the 2009 Victorian bushfires, Jack was treated for burns at the Austin. Jack never forgot the wonderful care he received during this time.

Jack's gift was used by the Emergency Department to purchase a "resuscitation baby" simulator. This fully automated simulator is used to train medical staff in resuscitating babies and infants. A key feature of the resuscitation baby is that it can be be

programmed to simulate patient symptoms giving staff hours of essential practice and the annual accreditation required to treat infants and babies under emergency conditions.

In honour of Jack, the Emergency Department team fondly named the resuscitation baby "Jack"! Jack's legacy will be long-lasting and far-reaching as he has already helped train numerous medical staff and will continue to do so for many years to come.

"Baby Jack" is pictured here with Janice Brown, Nurse Unit Manager and two members of the Emergency Department team.





Christchurch Health and Services Centre
Cancer Wellness Centre

Entrance

Olivia Newton-John Cancer & Wellness Centre

The Olivia Newton-John Cancer and Wellness Centre at Austin Hospital stands amongst the best in the world.

We are putting the needs of the patient first and delivering the most thorough and individualised cancer treatments available today.

Patient Focused

We understand the importance of supporting the whole person in body, mind and spirit throughout their cancer journey which is why wellness underpins everything we do. We are providing patients with international best practice wellness and supportive care programs complementary to their medical treatment in a warm and compassionate environment.

Our dedicated Wellness Centre provides patients and families with some 'time out' during treatments. As an area devoted to patient wellbeing it is also a hub for education, support programs and complementary therapies such as massage, exercise, meditation, music and art therapy.

The latest and most innovative research and education

Research and education are central to our increasing success with the

prevention, treatment and cure of cancer, and support for those living with cancer.

In collaboration with the Ludwig Institute for Cancer Research, we primarily undertake clinical and translational research as well as conducting basic laboratory research that supports our clinical trial activities. We are a major clinical trial site worldwide for Ludwig Institute for Cancer Research.

“Many of the cancers that used to be a death sentence are no longer. Our treatments are much more effective, and people are alive who would not have been. It’s not cosmetic what we’re doing here, there’s a real difference in people’s lives.”

Professor Jonathan Cebon

CURRENT BEQUESTORS

Cancer Inspires Gracious Gift

Chris Gardner is no stranger to cancer, touched by the disease in a most profound way. Chris lost his father-in-law to cancer in 1996 and then his wife Bridget to breast cancer a few months later. Bridget died of breast cancer when she was only 37 years-old. Bridget's mother and her brother also died of cancer and over the past 15 years, Chris has struggled to make sense of his life without many of his loved ones.

"It was a devastating time for me, but I decided that when I die, I want to continue the fight against cancer in some concrete way, and so I decided to put the Olivia Newton-John Cancer and Wellness Centre in my Will," he says.

From where Chris Gardner stood on the 8th floor of the Centre looking out across the valley to the ranges beyond there were personal moments in every corner of the view.

"It's really amazing to be giving to the Centre because so much of my life has been around this area.

It feels like coming home in a way," he says. "I had a lot of my early life in Whittlesea, then my wife and I lived in Eaglemont for many years and my daughter lived just down off Burgundy Street while she was at University," he says.

Now living in Ballarat, Chris says he felt inspired by what he heard Olivia Newton-John speak about when interviewed about her journey with cancer because she was of his Baby Boomer generation.

"I felt that what Olivia spoke about would be a dream come true for any patient and their family. The fact that they can have their treatment in a brand new building that isn't depressing, and that there are lovely outdoor places where the family can go to visit their loved ones or just be in peace with them for a while, that's very special.

"I really like the addition of the wellness programs because it makes the patient feel like they are still participating in a normal life. I know that if my wife could have accessed these programs it would've made the world of difference, not only to her but to me and the rest of the family who went along the journey with her.

"Having seen the building take shape and come to life is very exciting, and I feel a lot of comfort knowing that I can contribute to the project," he says.



The Hospital on the Hill Inspires a Legacy

When Sandra London started nursing some 54 years ago, things were very different. So different that the Launceston Hospital where she began her nursing career did not even have an Intensive Care Unit!

“We would put the patients in need of extra care in the beds closest to the matron so she could look out her window and keep an eye on them while she was sitting at her desk doing her paperwork,” said Sandra at a recent function for Austin donors and bequestors. “Nursing has certainly changed a great deal in this time and my recent walk through the Intensive Care Unit at Austin Hospital gave me a new appreciation for what’s being done in medicine these days.”

As an Austin Health Bequest Ambassador, Sandra spoke to the gathering of donors who were celebrating their donor history with Austin Health ranging over 10, 15, 20 and 25 year period. Sandra spoke about what the Austin Hospital means to her in her daily life and why she decided to include the hospital in her Will.

“The thing is, you never know when you are going to need to use hospital facilities, it may be you or it may be someone dear to you that needs to use a hospital at any given moment, so why not give to your local hospital? We are lucky in this area because our local hospital happens to be an internationally renowned research

hospital as well as being a great community facility.

“I came to live in Ivanhoe 38 years ago. I just love the area and the community. Unfortunately I have had cause to use the hospital on numerous occasions as a patient and I have always been very well looked after. I also like the way I am acknowledged as a living bequestor. It’s fantastic to see how the hospital has grown over the years and it helps give me a sense of how my money will be used in the future.

“I live in the area near the hospital, so I often look up to see the hospital on the hill and I feel an instant connection with the place. I feel I am part of it and it is part of me. So I say, use it, cherish it, give back to it – it’s your hospital.”



Ways of giving

There are a number of different ways you can make a gift in your Will to Austin Health.

The following are examples of the sort of bequests that can be made:

- A fixed percentage of your estate. The advantages of this sort of bequest are that if your estate diminishes over time, your other beneficiaries will not be disadvantaged by a significant fixed bequest. Similarly, a fixed amount may also depreciate over time so the value of your gift at the time when your estate is distributed may be less than you intended.
- A specific sum of money.
- Your entire estate or the residue of your estate after the distribution of bequests to other beneficiaries.
- A specific gift such as jewellery, paintings, shares or property.

Alternatively, you may wish to establish a trust or life insurance naming Austin Health as a beneficiary.



The right wording is so important

Your solicitor will help you word your bequest in a way that ensures that your Executors are able to effectively carry out your wishes. To assist you and your solicitor we have provided an example of appropriate wording below, including the correct legal name should you wish to make a bequest to Austin Health.

The following are suitable forms of wording for inclusion in a Will:

“I give to Austin Health (ABN 96 237 388 063) in the state of Victoria, a _____% share of my estate. The receipt of an authorised officer of Austin Health shall be an absolute discharge to my executors.”

“I give to Austin Health (ABN 96 237 388 063) in the state of Victoria, the residue of my estate. The receipt of an authorised officer of Austin Health shall be an absolute discharge to my executors.”

Or you may wish to donate to a specific area of the hospital for example:

“I give to Austin Health (ABN 96 237 388 063) in the state of Victoria, to be used for the purposes of the Olivia Newton-John Cancer and Wellness Centre, a _____% share of my estate. The receipt of an authorised officer of Austin Health shall be an absolute discharge to my executors.”

“I give to Austin Health (ABN 96 237 388 063) in the state of Victoria, to be used for the purposes of the Liver Transplant Unit the sum of \$_____. The receipt of an authorised officer of Austin Health shall be an absolute discharge to my executors.”

Disclaimer

This information and the attached wording is provided as a general guide only. It is not provided as legal advice. You are advised to obtain your own legal advice prior to making a Will to ensure that your specific circumstances are taken into account. Austin Health shall not be responsible for any loss or damage suffered by any person arising from reliance upon the information provided in this brochure.

Join us as an Austin Ambassador

If you have decided to include a gift to Austin Health or the Olivia Newton-John Cancer and Wellness Centre in your Will, please let us know as we would like the opportunity to thank you and to welcome you as an Austin or Olivia's Circle Bequest Ambassador.

Special Bequest Events

As a Bequest Ambassador you will be invited to attend an annual Ambassador's event. At this event you will be given an update on the hospital from the CEO, senior medical staff and a behind-the-scenes tour.

Certificate of Recognition

You will receive a special certificate acknowledging your generosity and your status as an Austin or Olivia's Circle Bequest Ambassador.

Ambassador Pin

As a person of special status in the hospital it is important that you are recognised appropriately. To this end, Austin and Olivia's Circle Bequest Ambassadors receive a special lapel pin distinguishing them as an Ambassador.

Recognition Wall

Austin Health is enormously appreciative of the contributions made by individuals like you. Bequests may be acknowledged, for a period of time, on a special recognition wall located in the main foyer of the Austin Hospital, or on our website and annual commemorative booklet.



BECOME AN AMBASSADOR BY MAKING A BEQUEST

For more information on how to leave
a bequest in your Will, contact our
Bequests Manager on (03) 9496 5361
for a confidential discussion.

www.austin.org.au www.oliviaappeal.com



Austin Health



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